

Bicester Sport and Leisure Snapshot

Figures for 2018



Young People

Youth Activator Activities



547

Attendees at
School Sats Relax

1,004

Attendees at
Community Session

1,821

Attendees at
School programme

“ You have transformed our lunchtimes

The children have loved it and asked when you will be back

The children loved the sessions **”**

The playground leaders are a lot more confident now when leading games/activities with the younger ones

Holiday Hubs



1,139
Attendees



Nurseries

5 Nurseries received training on physical activity delivery



Inclusive Programme

46

Participants on 10 week multi sport programme



Family programme



44
Attendees

Adult

Health Walks

6 Health walks



2,444

Attendances on walks



120 Registered walkers



3 trained walk leaders



Every Step Counts



Adult Football

8 New teams participated

54 matches played

281 players

2,700 minutes of football



Go Active Get Healthy

GO Active

Get Healthy

146 GP referrals from 11 GP surgeries onto “Lets get moving pathway” motivational interviewing and three monthly evaluations

248 Adults with diabetes taken part in Physical Activity

2 GP engagement events with partner information – Achieve weight loss, Diabetes UK, Citizens Advice Bureau, Legacy Leisure, Diabetic Nurses

120 attendees

Man v Fat

MAN v FAT Adult Football Programme
53 players **300KG** lost as part of programme

New clubs and sessions

2 new clubs established **82** players

Walking Netball, Walking Football



Place based physical activity programme



Running groups

10 New running groups established

